



## NOVEMBER 2020 PROGRAMS

(Updated October 21, 2020)

**RIDING THE WAVE** – for children ages 9-12 & their families exposed to violence and trauma  
(entire program delivered in 1-day session) – 2 dates available!

Date: Nov. 7 or Nov. 14

Time: 10:00 am – 4:00 pm

Location: CFS

Registration: \$ FREE

*\*Transportation Provided*

*Funded by: Ministry of Justice - Victims Services*

**\*\*\*\*NEW\*\*\*\* CLIMBING THE ROCK** – for teens exposed to violence (ages 12-14)

Date: Tuesdays, November 3<sup>rd</sup> to 24<sup>th</sup>

Time: 6:00-7:30pm

Registration: \$ FREE

Location: CFS

*\*Transportation Provided*

*Funded by: Ministry of Justice – Victim Services*

**\*\*\*\*NEW\*\*\*\* GOOD GRIEF** – for children ages 8-12 that have been impacted by loss or trauma  
(program delivered over two evening sessions) – 2 options available!

Date: November 16 & 18 OR November 23 & 25

Time: 6:00 - 8:00 p.m.

Location: CFS

Fee: \$20/person

*\*Transportation Provided*

*Funded by: Saskatchewan Knights of Columbus*

**PARENTING from the HEART** – for caregivers of children ages 5-12

Date: November 21

Time: 10:00am – 4:00 p.m.

Location: CFS

Fee: \$20/person

*\*Transportation Provided*

*Funded by: Prince Albert & Area Community Foundation*

*Please note, no one is ever denied service because of their economic situation. Please speak to us if cost is a barrier.*

**To register or for more information, please call:**

**Catholic Family Services 306-922-3202 or 1-877-922-3202 or email [cfspa@sasktel.net](mailto:cfspa@sasktel.net)**

**THERE ARE COVID-19 SAFETY PROTOCOLS IN PLACE FOR EACH PROGRAM**

**Strengthening Families Program** has a continuous intake – applications are accepted all year long!

Contact us in the office 306-922-3202, cell 306-981-6882, email [strengtheningfamilies.cfspa@sasktel.net](mailto:strengtheningfamilies.cfspa@sasktel.net),

fax 306-922-7977, or visit the website [www.cfspa.ca](http://www.cfspa.ca).

The next SFP program is for caregivers & their child (ages 7-12), held between Nov. 17 to Dec. 17.

Programming for caregivers & their teen (ages 12-16) will run in 2021.

