

Making Sense of Adolescence



This video course has been developed by internationally renowned developmental psychologist Dr. Gordon Neufeld. His revolutionary yet practical approach turns parenting right-side up, restoring natural intuition to parenting and putting parents back in the drivers seat.

COURSE DATES: MARCH 3 THRU APRIL 28

THIS 9 WEEK COURSE WILL BE A COMBINATION OF WEEKLY ONLINE TEACHING AS WELL AS LIVE SUPPORT SESSIONS EVERY OTHER SAT MORNING 9:30AM - 11:30AM.

LOCATION: SHELLBROOK SENIORS CENTRE

COST: \$125/PERSON OR \$200/COUPLE

The key to making sense of the adolescent is to understand the developmental dynamics at play as well as the attachment needs of the adolescent. These needs are typically underestimated due to the physical maturity of adolescents and the resistance to dependence that can result from becoming prematurely attached to peers. Adding to the confusion is the fact that there is more than one developmental pathway to adulthood and societal integration. Adolescence literally means 'growing into maturity'. An adolescent is neither child nor adult and therein lies much of the difficulty, the turbulence, the confusion and the challenge. They need us, yet need to not need us. We are their best bet, yet their instincts are to resist us. Unlike primitive cultures, our highly complex society requires a lengthy adolescence with very few rites of passage. The task of turning children into adults has never been more daunting! Adolescence is the womb of adulthood and those enveloped in supportive adult relationships have the greatest chance of successfully negotiating this tumultuous time. The challenge is not to treat them as if they were children nor to retreat from them as if they were adults. Learning to 'dance' with an adolescent commands the very best in us.

This course combines video presentations by Dr. Gordon Neufeld with in-person support sessions facilitated by Tracy Azevedo

Tracy Azevedo works extensively with children and youth, each one loved as uniquely precious. She is currently studying towards a Masters Degree in Marriage and Family Therapy as well as a Facilitator with the Neufeld Institute. Tracy is inspired by the attachment-based developmental approach that has so deeply enriched her life as a helping professional, mother, and grandmother. She is happily married 27 years with two wonderful adult children and a delightful granddaughter.



REGISTRATION DEADLINE: FEB. 27TH .To Register or for more info. contact: tazevedo@sasktel.net or call 306.747.7096